

WARREN COUNTY 4-H NEWSLETTER

Cooperative Extension Service
 Warren County
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..... DECEMBER 2023/ JANUARY 2024



Office Hours:
 Monday-Friday
 8:00 a.m. to 4:30 p.m.
 (With the exception of Holidays)

YAIP APPLICATIONS DUE FEBRUARY 9

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The Warren County 4-H Council received \$30,000 this year to conduct the Youth Agriculture Incentives Program (YAIP) to help 4-H and FFA members with their agricultural projects. Youth (9 years old by January 1, 2022 and up through high school teens) can apply for this 50-50 cost share program sponsored by the Kentucky Ag Development Fund. **Applications will be available January 19- February 9.** More information detailing the guidelines will be January 29 at 6 p.m. at the Warren County Extension Office. **The last day to apply for the YAIP program is February 9.**



Janet is the contact agent for the YAIP program.

CAREER SHADOWING PROJECT



Still thinking about what you want to be when you grow up? If so, take advantage of the 4-H Career Shadowing Project. Now is the time to start the 4-H Careers Project. This is a short-term project for youth in the 5th-12th grade. Youth must complete a project book according to grade level and turn in the completed project book January 16-19, 2024. Project books can be picked up at the office. All youth will be required to attend a career shadowing orientation on February 13th at 6 p.m. at the Extension Office.

Shadowing dates will be March 5, 7, and 18. 4-H members will get to shadow on one of these dates. Any youth 5th grade and up is eligible to participate in the 4-H Careers Project.

Julie is the contact agent for the careers project.

The Warren Co. 4-H
 Newsletter is brought to you
 by your County Extension
 Agents for 4-H Youth
 Development

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Cooperative Extension Service

Agriculture and Natural Resources
 Family and Consumer Sciences
 4-H Youth Development
 Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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CLOVERBUD CLUB REPORT BY NORA SOCHOR

December's Club Meeting Report

This meeting we had three things to do. The kids were split up into groups. One group was in the kitchen making Rudolph hot chocolate packets. The second was to make Christmas cards for the Simpson County project. The third was to make paper chains to attach to the float. For the float we had several Cloverbuds come out and throw candy to the crowd at the parade.



CHRISTMAS PARADES

Congratulations to the following clubs who prepared parade entries to promote 4-H and their clubs: The Cloverbud 4-H Club participated in the Woodburn Christmas Parade. The Top Dog Club participated in the Auburn Christmas parade. All of these clubs did an excellent job! Check out their pictures:



PRACTICE YOUR COMMUNICATION SKILLS

Great communication skills take work and effort. And thankfully, the 4-H program gives members an opportunity to improve this important life skill. A workshop outlining the 4-H Speech and Demonstration Contest as well as mock interview and written communications contest will be on **Tuesday, March 5 at 6 p.m.** at the Extension Office. **Pre-register for this workshop by March 1.**

Janet is the contact agent for talk meet and Julie is the contact agent for demonstration contest, mock interview, and written communications.

AG TAG PROGRAM



A great big THANK YOU goes out to all Warren County farmers who contributed a \$10 donation to the Ag Tag Program last

March when they renewed their license plate tags. Warren County brought in the most donations of the entire state of KY. The money collected is split three ways between 4-H, FFA and KY Proud. The Warren County 4-H Council uses their monies for leadership programs and 4-H Camp transportation expenses. A special thank you to the Warren County Court Clerk's Office, Lynette Yates and staff for supporting this worthwhile program.

OFFICE CLOSURES

The WCEO will be closed
Monday, December 25th thru
Monday, January 1st in
Observance of Christmas/New
Year's Holiday Season and
Monday, January 15th in
Observance of
Martin Luther King Jr. Day.

AREA TEEN COUNCIL

Teen's 8th grade and up are invited to participate in the Mammoth Cave Area 4-H Teen Council. The next meeting will be on Monday, January 8 at the Butler County Extension Office at 5:30 p.m. Following the business meeting will be fun and games including team building, foosball, carpet ball, cornhole and possibly rifle and archery competitions. The cost will be \$10 which will include supper. Contact Janet if you need a ride. The deadline to register is Thursday, January 4. *Janet is contact agent for Area 4-H Teen Council.*

NATIONAL 4-H CONGRESS

Avery Cole continued to make history as she took on a significant leadership role on the National 4-H Congress Design Team. Avery is only the 2nd Kentuckian to ever be on this team. Avery worked very hard to make sure the 2023 National 4-H Congress participants had a great and memorable experience. She worked behind the scenes as well as leading others out front. We are so proud of Avery's hard work and accomplishments!

CLUB OFFICER TRAINING

The training was very well attended! A total of 44 club officers showed up in October to learn about their new officer roles. They learned about parliamentary procedure and how a club meeting is run. They also learned about their specific role as one of the following club officers: President, Vice President, Secretary, Treasurer, Reporter, Recreation Leader, and Sergeant of Arms. Also, thank you to Avery Coles, State 4-H Vice President, for greeting our new officers. *Julie & Janet serve as contact agents for club officer training.*



4 HOPE CHALLENGE COIN PROJECT

Several Warren County teens participated in Ty Jones' community service project called "4 Hope Challenge Coin Project". Teens were challenged to give out 5 coins to adults that meant a lot to them. At the end of the



challenge, the teens wrote an essay on who they distributed coins to and why. At the area achievement banquet, Christopher Sweets was awarded a \$250 scholarship for his winning essay. More information about the 4 Hope Challenge Coin Project can be directed to Dale Dobson, KDA Safety Coordinator, who heads up this project.

4-H CAPITOL EXPERIENCE



Warren County 4-H members will travel to the Capitol on Tuesday, February 6th. During Capitol Experience youth will tour the capitol, meet with legislators, visit committee meetings, and watch the General Assembly in session. If you are interested in attending the Capitol Experience, please RSVP by January 25th to the Warren County Extension Office. Parents are welcome to attend to help with transportation. If you have questions, call Julie at (270) 842-1681. *Julie is contact agent for 4-H Capitol Experience.*

ART 2 DREAM SPRING PROGRAM

We will be partnering again with WKU art student teachers and Dr. Miwon Choe to provide a 4-day art program on February 22, February 29, March 7, & March 14 from 5:00-7:00 p.m. The Art 2 Dream is open to 1st-8th graders and cost is \$20 to participate. If you are interested in participating, please contact the Warren County Extension Office at 270-842-1681. *Julie is the contact agent for the Art 2 Dream Club.*

4-H ACHIEVEMENT PROGRAM

The 4-H Achievement Program recognizes our outstanding 4-H members not only for their accomplishments on the county level, but also on the district, state, and national levels.

The following 4-H members have received recognition for their accomplishments:

Clover Level 2 – Thomas Brown; Clover Level 3 – Kenzie Rotermann

and Bronze Achievement Recipients – Baylee Belcher, Isaiah Ledbetter, & Kenna Graham.

The Silver and Gold recipients must go through an additional screening on the state level in mid-January.

Neal Brown, Avenley Cole, and Piper Hosay, advanced to state to compete for the Silver Honor (only the top 70 in the state will be awarded this honor). Christopher Sweets, Josh Martin, and Anabeth Webster

are advancing to state to compete for Gold Honor (only 40 in the state will be awarded this award). Anne

Howard Waugh and Layna Taylor also completed applications for the achievement program.

Congratulations to these outstanding 4-H members!!

Contact the extension office to learn more about the Achievement Program.

Julie serves as the contact agent for the 4-H Achievement Program.

AREA ACHIEVEMENT BANQUET

Warren County shined at the recent Mammoth Cave Area 4-H Achievement Banquet on December 11th. We had 43 youth recognized for their accomplishments on the area, state, and national level over the past year. Congratulations to all of these 4-H members!



NATIONAL AVIAN BOWL TEAM

Congratulations to our Warren County teens who competed at the National 4-H Avian Bowl Contest in Louisville, KY in November. The team consisted of Christopher Sweets and Jonas Hosay (Warren County), Cameron Huggins (Simpson County), and Emily Normington (Scott County). The team competed well, and we are very proud of them. Special thanks to Julie Sweets who coached this national team.

Janet is the contact agent for the Avian Bowl program.



SHOOTING SPORTS- SAFETY MEETING IS REQUIRED

Safety is our #1 goal while conducting the 4-H shooting sports program. **ALL YOUTH** must attend one safety training each year to be eligible to join the 4-H Shooting Sports Club. Three safety trainings have been set, participants and a parent need to attend just one. The dates are **February 26, March 18, April 22**. Youth who complete a safety training will be invited to attend a mock range at the extension office on April 29. Contact Darrel Sweets, wc4hss@gmail.com to get signed up on an email distribution list announcing upcoming dates.

Janet is the contact agent for the 4-H Shooting Sports Program.



CAREER SHADOWING HOSTS NEEDED

Workforce preparation is the buzz word for making sure students are career ready when they graduate from high school. The Warren County 4-H program coordinates a shadowing program in which students are matched up with a career host for one day. More hosts are needed to reach our expanding audience for those who complete the career project guidelines. If you would like to volunteer to host a child (5th grade and higher) for one day or more on the following dates: March 5, 7, or 18th, *please contact Julie Brown*. All hosts must be screened and complete the youth protection application process.

Potential hosts should contact Julie Brown by January 24th.

Julie is the contact agent for the careers project.

TEEN LOCK-IN JANUARY 26-27

Mark your calendars for the upcoming teen lock-in on **January 26-27** (7 p.m.- 7 a.m.) at the CORE in Scottsville, KY. This overnight teen lock-in was tons of fun last year. 4-H youth, ages 12-18, can participate. Activities include swimming, volleyball, gaga ball, basketball, fellowship, pizza and more! Adult volunteers are needed for chaperones.

The cost is \$35 and includes 12 hours of fun, dinner, snacks, and breakfast. **The registration deadline is January 11**. Make checks payable to Warren County 4-H Council.

Janet is the contact agent for Teen Lock-In.

Mammoth Cave Area 4-H
2024 LEADERSHIP LOCK-IN
Hosted by Allen Co. 4-H Teen L.E.A.D. Ambassadors

WHEN: REGISTRATION STARTS @ 6:30 PM
FRI. JAN. 26 @ 7:00 PM -
SAT. JAN. 27 @ 7:00 AM

WHERE: THE CORE OF SCOTTSVILLE
309 W CHERRY ST, SCOTTSVILLE, KY

WHO: OPEN TO 4-H YOUTH AGES 12-18
MUST HAVE COUNTY PIE FORM

COST: \$35.00 INCLUDES: 12 HRS. OF FUN +
DINNER, SNACKS, BREAKFAST

WINTER CANCELLATION POLICY

The Warren County 4-H Program follows the same schedule as the Warren County School System. If school is cancelled for the day *due to inclement weather*, all 4-H events and activities for that day and night conducted under the direction of your Extension Agents for 4-H Youth Development will be cancelled. Our best advice for you is, if you are in doubt, contact our office at (270) 842-1681 or your volunteer leader before risking injury due to traveling in unsafe conditions.

4-H CAMP - NEW DATE! JULY 1-5, 2024



Summer vacation is never complete without 4-H Camp and this year we get to go much earlier. **Our date is July 1-5**, in Dawson Springs at the West Kentucky 4-H Camp. It is for 9–15-year-olds. There are teen chaperone opportunities for 16–17-year-olds as well as adults 18 and up. Why 4-H Camp? Here are ten reasons to go: 1) It's an accredited camp with the American Camping Association, 2) FUN FUN FUN!, 3) Lots of recreation- indoor and outdoor, 4) Air-Conditioned Cabins, 5) Friends- new and old, 6) Safe Environment, 7) Learn Responsibility, 8) Learn new skills, 9) Snow Cones and Popcorn, 10) Swim every day. The cost is \$325. Applications will be available on March 1st. Last day to register for camp is May 17th. *Both Julie and Janet are contact agents for 4-H Camp. Please ask us if you have any questions.*

LEADERSHIP MEETINGS

Area 4-H Teen Council- January 8 (Butler County), March 11 (Barren County), 5:30 p.m.

4-H Council Meeting- January 25 and March 28, 6 p.m.

District Board Meeting – January 16, 9:30 a.m. and March 26th, 12:00 p.m.

County Extension Council Meeting – March 27th, 12:00 p.m.



4-H SUMMIT CALLING ALL 6TH-8TH GRADERS



Join Kentucky 4-H at the 2024 4-H Summit, a leadership conference just for 6th-8th grade students! The event will be on March 21-23 at the West KY 4-H Camp in Dawson Springs, KY. Teens and tweens will attend with their county delegation and get to participate in activities like 4-H T-Shirt Swap, 4-H 4K, Leadership Workshops, Community Service Projects and so much more! The cost to attend (which includes a 4-H Council scholarship) is \$100 per person. Limited spots are available. The registration deadline is January 22nd. More information is available on the Warren County Extension website or can be pick-up at the Warren County Extension Office.

Julie serves as contact for 4-H Summit.

PASSPORT KITCHEN

Do you want to explore other countries through the kitchen? Then passport kitchen is for you, this is a self-paced at home experience. Each 4-H member will receive 5 kits with a passport, recipe, 1 ingredient, link to a cook-along YouTube video link, and an informational brochure.



We will be exploring Ireland, Nigeria, Poland, Japan, & Ojibwe. This program is open to any 4-H member, and it is recommended only one kit per family. Registration deadline is January 16th. The program will start the 1st week of February. For more information or to register contact the Warren County Extension Office at 270-842-1681.

Julie is the contact agent for Passport Kitchen.

LIVESTOCK SKILLATHON

The State 4-H Livestock Skillathon Contest will be **Saturday, February 17** at the LD Brown Exposition Center in Bowling Green, KY. All livestock club members are encouraged to participate. The contest will include identification of breeds, meat cuts, livestock feeds, and equipment. Judging classes will include meat and hay. There will also be a quality assurance problem. Contest information can be found at the following website: https://afs.ca.uky.edu/sites/afs.ca.uky.edu/files/2024_ky_skillathon_packet.pdf. Dr. Luis Silva with WKU has agreed to coach this year. Please contact Janet by **January 5** if interested in competing in the State 4-H Livestock Skillathon Contest.

Janet is the contact agent for 4-H Livestock Programs.

WRITTEN COMMUNICATION CONTEST

The written communication contest is open to all 4-H members.

The categories included are:

- Songwriting
- Poetry (3 line minimum and 25 line maximum)
- “What 4-H Means to Me” Essay (minimum 500 words)
- Original Monologue
- Press Release (maximum of 1,000 words)
- Public Service Announcement



Some rules to follow are:

- Each writing piece must be original. If there is a question, the participant will be disqualified. A statement of authenticity must be completed and attached to entry.
- All entries are to be on 8" x 11" paper, with the entrant's class, name, and county on a cover page and last name typed on every page. (See sample cover page). Please include scoring guide, and statement of authenticity at the back of the piece.
- Entries are to be double-spaced, typed with Calibri size 12 font white paper. (Songs may be single spaced within verses, chorus and bridge and double spaced between each of these.)
- For more information on how to write Songwriting, Poetry, Press Release, Public Service, and Monologue contact Julie.
- Also, you will need to contact Julie to get a copy of the cover letter, scoresheet, and statement of authenticity that will need to be submitted with your materials.

All entries must be submitted by Wednesday, February 21st. If you have any questions, please contact Julie at the extension office.

Julie serves as contact for the 4-H written communication contest.

TOUR Fort Campbell



Wednesday, March 20th, 2024
Ages 12 and up

- Visit the Pratt Museum
- The Air Assault School
- The Engagement Skills Trainer for overview of Army's basic weapons systems
- Unmanned Aerial System Training
- Military Dining Facility



**Home of the 101st
Airborne Division
“Screaming Eagles”**

Sign up by calling Warren County Extension Office at (270) 842-1681

(Include Name, Age, County, Email, Phone Number)

Deadline to Sign Up: March 1, 2024

For more information email Christopher Sweets at christophersweets2008@gmail.com or Janet Turley at jturley@uky.edu

BASIC BUDGET BITES: MAXIMIZE THOSE LEFTOVERS!

If you end up making a big meal for your loved ones, chances are that you'll have leftover food. Don't forget the power of leftovers to help save you stress and money this holiday season! Most people agree that turkey dinner leftovers are just as good the second or third day. Most guests will be glad that you are feeding them. They will not blame you for serving them leftovers — even if they were there for the first meal.

To use your leftovers “as is,” follow these tips:

- Remove any meat from the carcass or bone. Cut it into small pieces. Store it in shallow containers in the refrigerator or freezer.
- Use all leftovers within four days or freeze for later use.
- Reheat leftovers to 165 degrees F, or until hot and steaming.

Source: <https://extension.umn.edu/save-money-food/holiday-food-budget>

Warren County 4-H Calendar

The following is a listing of upcoming 4-H events and activities. Anyone needing additional information concerning any of these events prior to our next mailing can contact our office:

By Phone: (270) 842-1681
By Email: Janet Turley ~ jturley@uky.edu
 Julie Brown ~ julie.brown@uky.edu
By Mail: 5162 Russellville Road ~ Bowling Green, KY 42101

January

January 8	Mammoth Cave Area 4-H Teen Council, Butler County @ 5:30pm
January 11	Registration due for Teen Lock-In
January 8-13	Career Shadowing Books due to the Extension Office
January 15	Warren County Extension Office CLOSED for Martin Luther King Jr Day
January 16	District Board Meeting
January 16	Passport Kitchen Registration Due
January 16-19	Career Shadowing Project Book Due
January 22	4-H Summit Registration Due
January 25	4-H Council Meeting
January 25	4-H Capitol Experience Registration Due
January 26-27	Teen Lock-In, CORE, Allen Co.
January 29	YAIP Information Meeting

February

February 6	Capitol Experience
February 14	Valentines Day
February 17	Livestock Skillathon Contest
February 21	Written Communication Contest Entries Due
February 22-24	KY Volunteer Forum at Lexington Convention Center
February 26	Shooting Sports Safety Meeting

March

March 1	Communications Workshop Registration Due
March 1	4-H Camp Applications available
March 7	Art 2 Dream
March 8	Communications Workshop
March 11	Mammoth Cave Area 4-H Teen Council
March 18	Shooting Sports Safety Meeting
March 20	Tour Fort Campbell
March 21-23	4-H Summit
March 26	District Board Meeting
March 27	County Extension Council Meeting
March 28	4-H Council Meeting

April

April 22	Shooting Sports Safety Meeting
April 29	Shooting Sports Mock Range